

1 1. A method for detecting a *Helicobacter pylori* infection, the method comprising  
2 the steps of:

3 determining an integrity of a *Helicobacter pylori* nucleic acid present in  
4 a patient sample; and

5 identifying the patient as having a current *Helicobacter pylori* infection  
6 if the integrity of the nucleic acid exceeds a predetermined threshold.

1 2. The method of claim 1, wherein the identifying step comprises:

2 comparing the integrity of the *Helicobacter pylori* nucleic acid to an  
3 integrity of a non-*Helicobacter pylori* nucleic acid.

1 3. The method of claim 2, wherein the non-*Helicobacter pylori* nucleic acid is a  
2 patient nucleic acid.

1 4. The method of claim 2, wherein the non-*Helicobacter pylori* nucleic acid is an  
2 *Escherichia coli* nucleic acid.

1 5. The method of claim 1, wherein the patient sample is selected from the group  
2 consisting of stool, sputum, pancreatic fluid, bile, lymph, blood, urine, saliva, gastric  
3 juice, and vomitus.

1 6. The method of claim 5, wherein the patient sample is stool.

1 7. The method of claim 5, wherein the patient sample is saliva.

1 8. The method of claim 5, wherein the *Helicobacter pylori* nucleic acid is a DNA.

1 9. The method of claim 1, comprising the further step of adding an ion chelator  
2 to the patient sample such that the concentration of the ion chelator is at least 150  
3 mM, thereby to preserve the integrity of the *Helicobacter pylori* nucleic acid.

1 10. A method for grading a *Helicobacter pylori* infection in a patient, the method  
2 comprising the steps of:

3                   determining an amount of high-integrity *Helicobacter pylori* nucleic acid  
4                   present in a patient sample;

5                   comparing said amount with at least two standards comprising high-  
6                   integrity *Helicobacter pylori* nucleic acid, each standard being indicative of a  
7                   different grade of *Helicobacter pylori* infection; and

8                   grading a *Helicobacter pylori* infection based on said comparing step.

1   11. A method for grading a *Helicobacter pylori* infection in a patient, the method  
2                   comprising the steps of:

3                   detecting a high-integrity *Helicobacter pylori* nucleic acid and a non-  
4                   *Helicobacter pylori* nucleic acid in a patient sample;

5                   determining an amount of the high-integrity *Helicobacter pylori* nucleic  
6                   acid relative to the non-*Helicobacter pylori* nucleic acid in the patient sample;

7                   comparing said amount with at least two standards of high-integrity  
8                   *Helicobacter pylori* nucleic acid relative to non-*Helicobacter pylori* nucleic  
9                   acid, each standard being indicative of a particular grade of a *Helicobacter*  
10                  *pylori* infection; and

11                  grading a *Helicobacter pylori* infection based on said comparing step.

1   12. A method for monitoring progression of a *Helicobacter pylori* infection in a  
2                   patient, the method comprising the steps of:

3                   determining a first amount of a *Helicobacter pylori* nucleic acid in a first  
4                   sample obtained from a patient;

5                   determining a second amount of a *Helicobacter pylori* nucleic acid in a  
6                   second sample obtained from the patient;

7                   comparing the first amount with the second amount; and

8                   classifying the infection as diminishing if the second amount is less  
9                   than the first amount.

1 13. The method of claim 12, wherein the second sample is obtained no more than  
2 thirty days after the first sample.

1 14. A method for evaluating a course of treatment for a *Helicobacter pylori*  
2 infection, the method comprising the steps of:

3 obtaining a sample from a patient during a course of treatment or no  
4 more than thirty days after the course of treatment;

5 amplifying a high-integrity *Helicobacter pylori* nucleic acid present in  
6 the sample; and

7 identifying the patient as having a current *Helicobacter pylori* infection  
8 if the high-integrity *Helicobacter pylori* nucleic acid is present in the sample.

1 15. A method for evaluating the efficacy of a proposed treatment regimen for a  
2 *Helicobacter pylori* infection, the method comprising the steps of:

3 obtaining, from test patients diagnosed with an *Helicobacter pylori*  
4 infection, a test set of samples during the course of a proposed treatment  
5 regimen or no more than thirty days after the course of the proposed  
6 treatment regimen;

7 obtaining, from control patients diagnosed with an *Helicobacter pylori*  
8 infection, a control set of samples during the course of a control treatment  
9 regimen or no more than thirty days after the course of the control treatment  
10 regimen;

11 amplifying a high-integrity *Helicobacter pylori* nucleic acid present in  
12 the samples; and

13 comparing the amount of high-integrity *Helicobacter pylori* nucleic acid  
14 present in the test set of samples to the amount of high-integrity *Helicobacter*  
15 *pylori* nucleic acid present in the control set of samples.

1 16. A method for diagnosing a gastric disease in a patient, the method comprising  
2 the steps of:

3 detecting a high-integrity *Helicobacter pylori* nucleic acid in a patient  
4 sample; and

5 identifying the patient as having a gastric disease caused by a  
6 *Helicobacter pylori* infection if the high-integrity *Helicobacter pylori* nucleic  
7 acid is present in the sample.

10 17. A method for detecting a *Helicobacter pylori* infection in a patient, the method  
2 comprising the steps of:

3 amplifying, from a patient sample,

4 a first *Helicobacter pylori* nucleic acid at least 200 nucleotides in  
5 length,

6 a second *Helicobacter pylori* nucleic acid at least 400  
7 nucleotides in length, and

8 a third *Helicobacter pylori* nucleic acid at least 600 nucleotides  
9 in length;

10 detecting the amplified first, second, and third *Helicobacter pylori*  
11 nucleic acids; and

12 identifying the patient as having a *Helicobacter pylori* infection if the  
13 amplified first, second, and third *Helicobacter pylori* nucleic acids are  
14 detected.

15 18. A method for detecting a *Helicobacter pylori* infection in a patient, the method  
16 comprising the steps of:

17 determining the integrity of patient nucleic acids in a patient sample  
18 comprising shed cells or cellular debris; and

19 identifying the patient as having disease if the integrity of the patient  
20 nucleic acids exceeds a predetermined threshold.

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B4